

## CREATE & PLAY

*If you choose to lead this online via live or pre-recorded video, welcome and introduce your time together. Explain you're going to create stories about you being brave and/or send a Kindness Hug through the mail to someone you know who is brave. This is also included in the Family Pack.*

### i am BRAVE!

In our gathering today, we talked about different ways that people can be brave. In our story today, we heard about some brave people who helped a friend in need.

How might you be brave and compassionate in your community? Make up a story about your brave compassion. You can write your story down, write a play to perform, or draw your story like a comic strip!

- Maybe you stand up for a friend who is being bullied.
- Maybe you step back so someone smaller than you can have a turn.
- Maybe you go without something you want so someone else can get something they need.

Imagine a story where your compassion makes you brave like the people in the Bible story!

**Remember:** stories have a beginning, a middle, and an end. Something difficult happens, and then people find a way to overcome the difficulty. That's the most important part of making up a story. You can do it!

## ACTIVITY FOR YOUNGER CHILDREN (PRESCHOOL)

### Kindness Hug

Today, we heard a story about Jesus and some brave people who helped their friend. Have you ever felt brave? Maybe you stood up for a friend being teased or had to try something new, like learning to ride a bike. Being brave is choosing to do what you know is right, even if it might be uncomfortable or scary. Spreading kindness and showing compassion calls us to be brave. Think about someone you know who might need a spark of happiness in their lives because they are going through a hard time. Snail mail a hug to a neighbor, distant family member, or a friend from school.

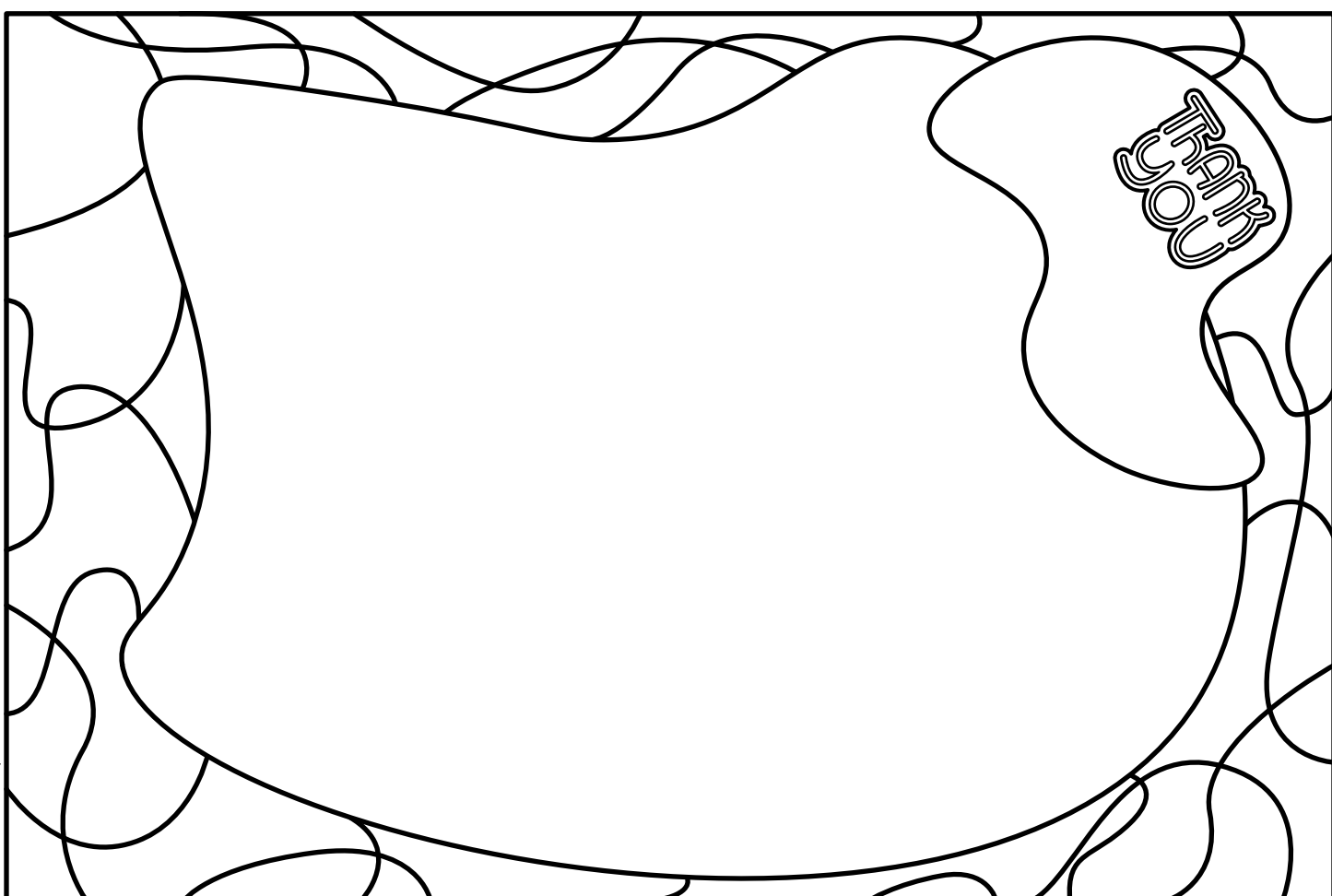
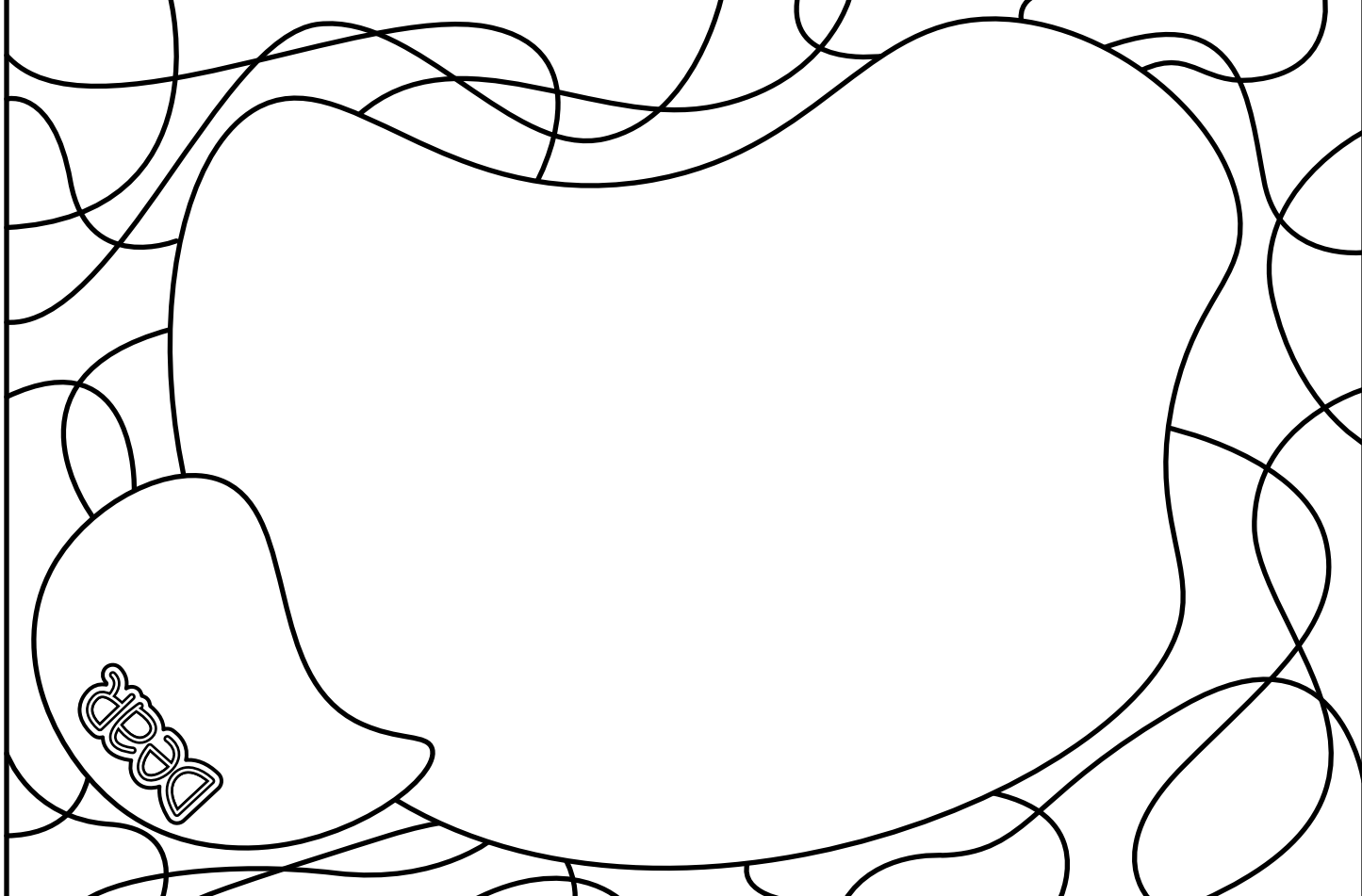
#### Materials:

Paper  
Scissors  
Crayons/Markers/etc.  
String  
Tape  
Envelope

#### Directions:

Trace your right hand on a piece of paper, then trace your left hand on a piece of paper.  
Decorate your traced hands with coloring utensils.  
Cut out each hand. Cut a piece of string/yarn as long as you want the "hug" to be.  
Tape one end of the string/yarn to one hand cut-out. Repeat for the other.  
Write a small card telling the recipient they are receiving a "Kindness Hug."

My COMPASSION helps me be  
BRAVE...





Your COMPASSION always

looked like  
COURAGE

STRENGTHEN OUR HEARTS WITH  
YOUR bravery

AS WE RISK, REACH, & LIFT UP  
OUR SIBLINGS NEAR AND FAR.

HELP US KEEP OUR EYES  
ON YOU

amen